



# Rebecca's Story

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Rebecca was born prematurely in April 2009 and has been diagnosed with severe quadriplegic cerebral palsy, hydrocephalus, insipidus diabetes and chronic lung disease. She lives with her nan, Denise who is her full-time carer.

In September 2018 Lagan's Foundation started supporting Rebecca and Denise. Our carers would sit and help Rebecca, to give Denise the chance to have a small break from her full-time caring role.

Denise says; "My life has changed for the better because of the help and care Rebecca, myself and my family have from Lagan's Foundation. They have supported myself and Rebecca in every way that they could, this enables me to go out to the bingo or see family members which I couldn't do before.

They have succeeded in getting my granddaughter into an excellent sleeping routine which I tried to do but did not achieve, this has made my sleep pattern great as I am getting a good night's sleep which is needed to care for Rebecca. It also gives Rebecca a good night's sleep in her own bed.

Rebecca enjoys the carers coming over, they do activities and crafts with her and when it's nice weather she is able to walk me to the bingo with the Carer. Weather is the key decision maker as to whether Rebecca can go out or stay indoors due to her reoccurring chest infections, she really enjoys going out.

"I cannot thank Lagan's Foundation enough for what they have achieved with Rebecca making our life so much easier in such a short time."

# We WON The Executive Children & Young People Leader Award!

We're celebrating after winning The Executive Children & Young People Leader Award at a top London awards ceremony on 19th October 2022!

We were presented with the prestigious Social Care Leadership Award at a Care Talk ceremony at London's Marriott Hotel in Grosvenor Square.

Emily, our Marketing Assistant, nominated our Founder, Carren, for the award and said:



“Our table was incredible and there was a huge amount of support between the other nominees who sat with us, including Raj from Person Centred Software and Charlotte Driver-Young from Christies Care. We also met Shawbrooks Bank and really look forward to speaking to them moving forward.

“To win the award has blown us away. After years of proving our charity is needed, we have shown that through tenacity, honesty and passion, difficult situations can become more positive and change enabled.”

Carren attended the event with long term friend, Scott and enjoyed an evening of festivities, including a panel discussion on the state of the Health and Social Care industry and its challenges, a three course meal and electric string quartet, followed by plenty of socialising.

Carren said: “We were amazed we even made the finalist stage amongst such incredible, well-established organisations. We were just pleased to be in the room and were ready to soak up the atmosphere and make new contacts – we weren't disappointed.”

Other nominees on the evening included Home Instead, The National Care Association, Barchester Healthcare, Nugent Care, Blue Light Card, Stephenson Solicitors, Hays, Brakes Food Service and many more.

We have previously attended The Market Third Sector Care Awards in 2019 at the same venue and won the Leadership Award, so it was nice to be back in the same room with another win.

Carren added: “I am keen to use this platform to work with companies and organisations to advance my work in the Health and Social Care Industry. I am very grateful for our amazing team who really get behind the charity and the work we carry out to make a positive social difference on a large scale.”



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# The Great British Care Awards - Newcomer Award Finalist

In 2020 Sarah Shead made the courageous decision to begin her career as a home care worker at Lagan's Foundation, after being furloughed from her teaching position due to Covid. She wanted to continue working and making a difference where she could.

Her plan was to go back to teaching once schools re-opened, so when she was offered the full-time care-coordinator role she turned it down and returned to teaching but still provided care in her spare time. Six weeks after returning to teaching, Sarah called Carren and asked if the position was still open, that's where her journey in her current role began as Care Coordinator for Lagan's Foundation.

Lagan's Foundation is a Bolton based charity who provide unique home health care and respite in the Northwest for families and children living with complex health needs, specialising in heart defects and feeding issues. Working with children is a career Sarah has always had a passion for, so working for Lagan's Foundation was a dream come true for her. She has created an amazing bond with the families and children that she works with, and she works her hardest to make sure all Lagan's carers give the best care possible.



Lagan's Foundations CEO, Carren Bell says "From the time Sarah joined our team to the present day, has been a roller coaster, managing a new role and people, handling ever changing Covid requirements and government demands, to growing a team and becoming a major part in the charity. Sarah has grown professionally and personally. Life hasn't been easy but Sarah has serious resilience and tenacity to ensure people receive what they deserve and need."

Sarah believes the care industry, is very undervalued, that care staff make a huge difference to peoples lives without the shoutout they deserve. Every person in the care industry works hard to make sure they provide the best care to the whole family, not just the person they are taking care of.

Her role at Lagan's Foundation began in one of the most uncertain times, but since taking on the Care Coordinator position, she worked her hardest to expand the charity and her team. Since September 2020 Sarah had manage to expand the Manchester base to become the charities biggest base, they now support many children in and around the Manchester area.

Children come first to Sarah and the whole team. To them, making sure every child and family is safe and supported is the main priority.





# Northwest children's charity attends prestigious Afternoon Tea with Lord Palmer of Childs Hill.

On Tuesday 29th November 2022, Lagan's Foundation's CEO, Carren Bell and Marketing Assistant, Emily Holt, travelled to London to attend the Great British Care Awards Afternoon Tea at The House of Lords.

Carren said "The invite for this special event came as a real surprise. It was an honor to accept."

Lagan's Foundation is a Bolton-based charity which provides respite and at-home care for families with children who have complex health needs across the Northwest of England.

During the Covid-19 pandemic, Lagan's Foundation not only worked throughout the entire pandemic, but they took on extra carers meaning they could increase their support load by a staggering 89%.

The afternoon at the House of Lords, began with a welcome reception where Carren and Emily met Lord Palmer and lots of other high-level Social Care professionals from all around the UK.



There were inspired speeches from Lord Palmer of Child's Hill, Professor Martin Green OBE and many others, the room heard about the trials and tribulations social care had to face during the pandemic and the continuing struggles the sector are facing.

Lord Palmer said "I am delighted to be able to host this very special event at the House of Lords to pay tribute to social care staff who have gone above and beyond during the Covid-19 pandemic."

The Afternoon Tea was hosted in the Cholmondeley Room where they were greeted by a beautifully decorated room filled with tables set up for afternoon tea.

Following a Thankyou from the Care Awards team and Lord Palmer, everyone had the opportunity to go onto the terrace to see the sights of London and The Thames before leaving the event.



"What an absolutely brilliant afternoon. Just all over too soon! Surrounded by inspirational others in the Health and Social Care sector, all of these people/organisations went above and beyond when the unknown was around them! 2020 and 2021 will forever be remembered. Let's not forget the incredible Home Care and Care Home staff who sacrificed so much to help others when they needed it!"

*Carren*

# MORE Awards - finalists 2022

Lagan's Foundation were nominated for several other awards this year; this includes the BEN Build Back Bolton Business Awards, The EVA's Awards and The Great British Care Awards. We were honored to be named as a finalist for all these awards.

On Friday 24th September, Carren and the Lagan's team headed to Blackpool for the prestigious EVA's award ceremony, organised by Pink Link Ladies, held at Winter Gardens.

The evening saw over 700 hundred women gathered to celebrate female entrepreneurship across the North West.



Carren had been nominated anonymously for the prestigious Charity of the Year award, and after successfully making it to be a finalist she took part in a 20 minute interview with a panel of judges.

The Lagan's Foundation team came together for a night of glitz and glamour as they attended the awards evening to celebrate Carren momentous achievement.



Carren and Lagan's Foundation were finalists for not 1 but 2 awards at the BEN Build Back Bolton Business Awards in 2022.

Carren was announced as a finalist for the Business Hero Award and Lagan's Foundation were a finalist for the prestigious Editors Award.

The ceremony was held at The Bolton Stadium Hotel and after an incredible evening Lagan's were nominated **Highly Commended** in the Editors Award.

Finally in 2022, Lagan's Foundation had been a finalist for the Covid Hero Award at this year's Great British Care Awards in Manchester.

**What a year we have had!!!**

The team are incredibly proud to have been nominated and become finalists across the region in recognition of the challenging work they carry out.

**Congratulations to Carren for being a finalist in not 1 but 5 awards this year, and for winning the prestigious Executive Children and Young People Leadership Award.**

# Lagan's top fundraiser's

As well as people and companies joining in with our events to raise money for Lagan's, there are a few local companies that specifically choose us to raise money for. We are always grateful for anyone who chooses Lagan's as their charity to support and we want to say a big thank you to each and every person and company who has taken the time to get stuck in.



In June 2022, Laughology Learning and Development worked alongside Lagan's Foundation to host a comedy night, to help raise money for our Donated Care Project.

After 4 weeks of training, on Thursday 30th June, Kerry Leigh and the 7 new stand-up comics took to the stage at Real Axe, Bolton, to entertain an audience of 100 people.

As well as the comedy acts, there were also an exciting raffle done on the night where the audience won some amazing prizes, including an overnight stay at The Stadium Hotel and a meal for 2 at Real Axe.

The night raised a total of **£4000** for Lagan's Foundation.

"It was such a privilege to raise money for Lagan's Foundation by making people laugh! It was SO much fun to train these budding comedians, and they all shone on the night after managing their nerves and supporting each other. I think it's the best way to have a go at comedy for the first time."



Fresh Perspective Resourcing started their annual Freshies Awards in 2021, as a celebration after the end of the Covid Pandemic. The event is a charity fundraiser and they pick 2-3 charities each year that they will donate the profits from the event to.

This year the Freshie's Awards were held at The Tipis, at Riley Green on the evening of Friday 2nd September.

The night was a huge success and had the feel of a fun wedding reception. There was a photographer and props station, great food and drink.

Fresh Perspective raised a fantastic **£1500** for Lagan's Foundation.

Laura said; "The team at Fresh Perspective chose to support Lagan's Foundation as one of their deserving charities due to the amazing work they do supporting children and their families in the local area. We recognise Lagan's Foundation work tirelessly to help and we give back where we can."







On Saturday 10th October, Bolton Parish Church held their first Flower Show since Covid began back in 2019.

The day saw a demonstration by Kathleen Williams of six different, beautiful displays which were then raffled. This was followed by lunch and then an afternoon workshop where everyone created their own arrangement. The afternoon ended with scones with jam and cream.

This year they chose to raise money for Lagan's foundation, helping to support families in the Northwest who need it most.

The day was an incredible success and it resulted in The Parish Church being able to donate an incredible **£975** to support Lagan's Foundation.

"For several years members of our flower team at Bolton Parish Church have held Charity Flower Days in support of local charities. We chose Lagan's Foundation after one of our team heard their CEO speak at a ladies lunch and identified with their important work of supporting patients and families in a home setting.

This was our first event since Covid and it was greatly enjoyed by the 40 attendees. We were delighted to be able to support Lagan's Foundation."



On the 26th of March the Digi Accountancy team (Adam, Al, Luke and 3 friends) took on the incredible Ben Nevis Mountain in aid of Lagan's Foundation.

In Scotland, Ben Nevis is the highest mountain of the British Isles. Its summit, reaching an elevation of 4,406 feet, is actually the tallest peak anywhere for 700km, crossing the North Sea to the west coast of Norway.

Their aim was to raise £1,000 and they managed to surpass that by over £600, raising a fantastic **£1690**.

"It was an honour to climb Ben Nevis to raise money for Lagan's, a charity which supports such a worthy cause! Lagan's support conditions which outside members of the Digi family have experienced hence the reason we had been really keen to support them!"





# Can you give the gift of care this Christmas?



Meet Maryam – We started supporting Maryam and her family in March 2021 as part of our Donated Care Project. Maryam was born with a congenital Heart Defect "Atrioventricular Septal Defect" in August 2020 and requires a lot of extra support and care from her family and Lagan's carers.



Lagan's Donated Care Project allows us to support Maryam and her family for 2 hours per week at no cost to them. The project is fully funded by fundraising and grants obtained by the charity and allows us to help support families with children aged 0-5 who aren't eligible for personal budgets or commissioned services.

## Can you donate an hours care for a child in need this Christmas?

For the families that have children with heart defects and feeding issues Christmas can be a difficult time. Some families are spending Christmas in hospital with their sick child, and some are having to leave their child whilst they go home to help support their other children.

Lagan's Foundation offer support and respite for families who need it the most, and this Christmas you can do your bit to help us support more families in the Northwest who are feeling alone or overwhelmed taking care of a child with Complex Health Needs.

By donating **just £27**, you can give the gift of an hour of respite to a family in need this Christmas.

## How you can donate.....

There are lots of ways you can donate and support Lagan's this Christmas!

🌲 You can donate straight into our Bank Account.

🌲 Fill in the donation form on the back of the newsletter and post it back to us.

🌲 Scan the QR code below and complete our CAF donate form.







## Lagan's Christmas Raffle...

This Christmas we are running our annual Christmas Hamper Raffle.

The tickets are £5 per strip, and we will be announcing the winner on Monday 19th December.

The raffle includes:

- 🎄 A Bottle of Prosecco
- 🎄 Penguin Hot water Bottle
- 🎄 Extra special Christmas Pudding
- 🎄 A Ceramic Bauble and 2 Hanging Decs
- 🎄 Snowman Hot chocolate Bomb
- 🎄 Rhubarb Gin Truffles
- 🎄 Extra Special Italian Biscuits
- 🎄 Calcot Spa Bath Salts
- 🎄 Lagan's Plush Giraffe
- 🎄 Lagan's Plush Monkey Keyring

Please email [fundraising@lagans.org.uk](mailto:fundraising@lagans.org.uk) to purchase your tickets and be in with a chance of winning this incredible hamper!

## Lagan's Foundation's Childrens Christmas Party!

We are throwing our first children's Christmas party for the families and children we support since Covid. With the cost-of-living crisis, this event is more important than ever.

We want to give these families the opportunity to meet other families going through the same things they are. It also allows our carers the chance to introduce different children we work with.

To have this event be a huge success we need your help with:

- 🎄 Christmas Buffet Food
- 🎄 Drinks
- 🎄 Selection Boxes
- 🎄 Board Games
- 🎄 Sensory Toys
- 🎄 Raffle Prizes

If you or the company you work for can help us throw this Christmas party for sick children in the Northwest please email [events@lagans.org.uk](mailto:events@lagans.org.uk) or call 01204 800300 to speak to our team about any support you are able to give.

If you would like to support Lagan's Foundation this Christmas season please get in touch with our fundraising team on [fundraising@lagans.org.uk](mailto:fundraising@lagans.org.uk) or call 01204 800300 and our team will discuss how you can help us support our families in their biggest time of need.



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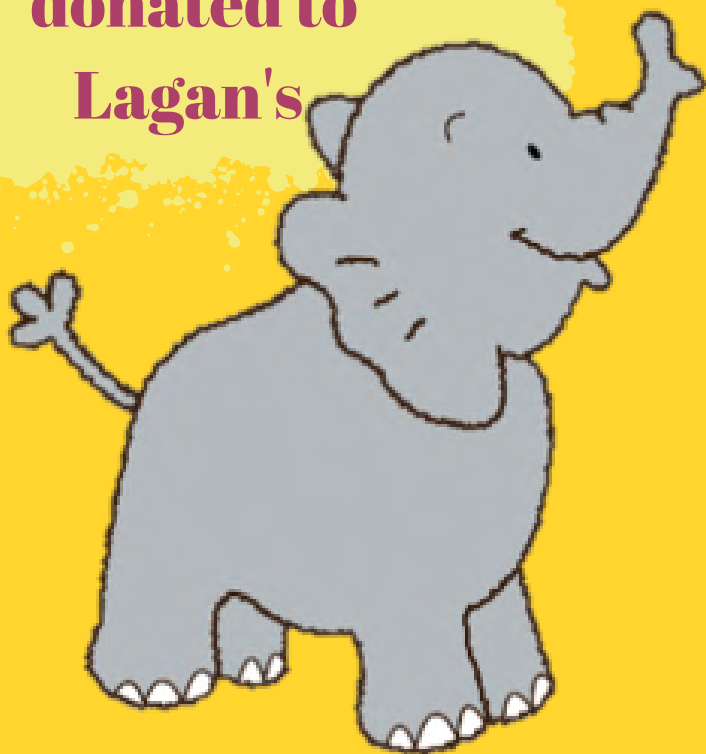
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**Select "Lagan's Foundation"**

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donated to  
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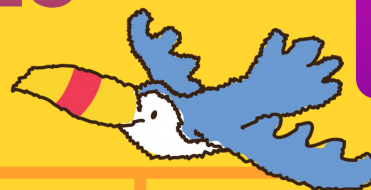
	Your current charity <b>Lagan'S Foundation</b> has received	<b>£308.36</b> <small>as of November 2022</small>
	United Kingdom charities have received	<b>£16,991,028.27</b> <small>as of September 2022</small>
	All worldwide charities have received	<b>£359,237,781.00</b> <small>as of October 2022</small>





# Events and Fundraising Calendar 2023

UPCOMING  
EVENTS



**Families Post  
Christmas Party**



**January**

Visit [www.lagans.org.uk](http://www.lagans.org.uk) for  
details  
Tickets : FREE

**Cooking with Mina  
Khan**



**6th  
February  
2023**

**VENUE:** Private home on  
Chorley New Road  
**TIME:** 12:30-3pm  
Tickets: £25

Visit [www.lagans.org.uk](http://www.lagans.org.uk) for  
details

**Heart Month**



**February**

Visit [www.lagans.org.uk](http://www.lagans.org.uk) to  
get involved.

**Lagan's Annual  
Cycle Challenge**



**23 April  
2023**

**START LINE:** Rivington &  
Blackrod High School  
**TIME:** 8am  
Tickets: £20 - £30



**Lagan's Annual Sky  
Dive**

**11th June  
2023**

**VENUE:** Black Knights  
Parachute Centre  
**TIME:** 8am  
For more info email  
[events@lagans.org.uk](mailto:events@lagans.org.uk)



**Lagan's  
Foundation**  
heart felt care



# Celebrating 2022 Fundraisers

Every year we run lots of different events and fundraisers to help raise money for our Donated Care Project.

Here are just a few of our amazing fundraisers and events that have run this year!

Heart Month in February 2022. We ran our Lagan's Hearts fundraiser, which allows people to 'Sponsor a Heart' for a loved one.

This year the  
'Sponsor a Heart'  
Scheme has raised a  
wonderful £103.63.

## Heart Month



## L.F Cycle Challenge

Lagan's Foundation's Cycle Challenge has been running since 2016 in memory of Lagan.

The standard route is the same distance baby Lagan had to travel from Bolton Hospital to Alder Hey.

This year was the first event back since Covid-19 and was a great success, raising an amazing £2701.





# Sweet Green Tavern

On 20th November Sweet Green Tavern held a Health and Wellbeing day in aid of Lagan's Foundation.



**Kevin, Cara and the team raised an amazing £360 in total.**

Tropic associate Cara, put on a lovely display of their products and did a demonstration, showing the best way to use them.



## L.F Skydive



This year was our second Skydive event and it didn't disappoint. After an early start and a wait due to the weather, our Lagan's skydiving team took to the sky and jumped 15,000ft to raise money for Lagan's Foundation.



**After months of fundraising, the team collectively raised an incredible £4,843.56.**



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# Become a volunteer



Do you have a few hours a week spare or know someone who has a little spare time to support families who have children with health issues?



**Apply  
Now**



We need people who can help us to reach families who are feeling isolated or alone at home. Someone who can go in and show some support and care, helping them know they're not on their own. Your time and care could make a massive difference to their everyday lives.

**We are looking for volunteers in these areas of the charity:**

- ♥ Volunteer carer
- ♥ Events Volunteer
- ♥ General Volunteer
- ♥ Back office Volunteer
- ♥ Help to recruit new fundraisers
- ♥ Give talks to raise awareness of our services



**Benefits to joining our volunteer team:**

- ♥ Volunteer milage expenses
- ♥ Full training and support from managers
- ♥ Recognition and support



If you are interested in joining our volunter team please email [humanresources@lagans.org.uk](mailto:humanresources@lagans.org.uk) or call us on 01204 800 300 to find out more information.





# Join our Care team!

Do you wish to deliver Heart Felt Care to children in need? Are you committed in heart and mind? Do you want to develop in the world of Children' Health and Social Care?

**Pick Lagan's Foundation and change a families life forever!**



**Apply  
Now**



**WE NEED** new professional carers to join Lagan's Foundation who adopt our core values of Passion, Resilience, Integrity, Communication skills and Empathy to provide domiciliary support for children aged 0-19 with complex health needs within thier own homes and in community settings.

## We provide:

- ♥ Structured in-house training at our specialist centre (our trainers will help you achieve the necessary health and social skills you will require to keep the care standards high).
- ♥ Experienced management to ensure you are observed and supervised to give you the confidence and support within your role.
- ♥ Support, Recognition and Encouragement

## We Offer:

- ♥ Rotas provided in advance
- ♥ Paid training with a 4-6 week induction plan
- ♥ Business mileage expenses
- ♥ Recognition and support
- ♥ Permanent job with career progression
- ♥ Pension
- ♥ Holiday Saturday Fund



## Area's currently available:

- ♥ Trafford
- ♥ Prestwich
- ♥ Macclesfield
- ♥ Liverpool
- ♥ Bury



**If you are interested in joining our team please email [humanresources@lagans.org.uk](mailto:humanresources@lagans.org.uk) or call us on 01204 800 300 to find out more information.**



# Christmas 2022 Donation Form

Charity Number. 1154208



## DONOR CONTACT DETAILS

Full Name .....

Address .....

(incl Postcode) .....

Contact No. .... Mobile .....

Email .....

## DONOR BANK ACCOUNT DETAILS - To set up Standing Order

Bank Name .....

Account Name .....

Account No. .... Sort Code .....

## CHARITY BANK ACCOUNT DETAILS - To set up direct transfer or regular payment

**Bank:** Barclays Bank PLC

**Account Name:** Lagan's Foundation

**Account No:** 73180638 **Sort Code:** 20-10-71

**I would like to donate**                      £10                      £20                      £30

**Frequency**                      WEEK   /   MONTH   /   YEAR

One off donation   £ .....

**SIGNATURE** ..... **DATE** .....

**Lagan's Foundation**

**Office 16 Flexspace, Manchester Road, Bolton, BL3 2NZ**

**Gift Aid Declaration** - If you pay tax, you can make your gift go further under the Gift Aid Scheme at no extra cost to you. We will reclaim 25p for every £1 you donate.

**Please tick this box if you pay tax and are happy for us to claim Gift aid on your donation.**

